

Mental Health at Work and Social Dialogue

Lessons Learned from the IncreMe(n)tal Project

February 26, 2026, 10.00 - 16.00

Morning session – Project insights and outputs (Chair: Margherita Roiatti – Fondazione ADAPT)

10.00 – 10.15 Welcome and introductory speech (Isabelle Barthès – IndustriAll Europe)

10.15 – 10.30 From project design to implementation: why IncreMe(n)tal matters (Barbara Arsieni – FIM CISL)

10.30 – 10.45 Mental Health at Work: Priorities and Key Insights from International Research (Iván Williams Jiménez – Independent expert & IncreMe(n)tal Quality Assessment Officer)

10.45 – 11.10 Key Results of the IncreMe(n)tal Project and Training Evaluation Findings (Diletta Porcheddu – Fondazione ADAPT, Ilaria Fiore – ADAPT)

11.10 – 11.30 The IncreMe(n)tal Comparative Policy Brief (Lenka Hanulová – CELSI)

11.30 – 12.00 From Research to Practice: Contents of the IncreMe(n)tal Interactive Guide and a Video to Support Its Use and Accessibility (Valentina Franca – University of Ljubljana, Margaret Heffernan – Dublin City University)

12.00 – 13.15 Lunch

Afternoon session – Stakeholders' perspectives and sustainability (Chair: Lourdes Mella Mendez – University of Santiago de Compostela)

13.15 – 14.45 Policy, institutional and social partner perspectives on mental health at work (Moderator: Karolien Lenaerts – KU Leuven)
Panelists: Maurizio Curtarelli (EU-OSHA) – Manal Azzi (ILO) – Delphine Rudelli (CEEMET) – Sonia Nawrocka (ETUI)

14.45 – 15.45 Trade unions' voices: project legacy and sustainability of action (Moderator: Zehra Gök Metin – Hacettepe University)
Trade union representatives: UGT-FICA (ES), TMS (TR), SIPTU (IE), SKEI (SI), OZ KOVO (SK), ACV-CSC Metea (BE)

15.45 – 16.00 Wrap-up and closing remarks

Additional information

Venue

The conference will take place at: **IndustriAll European Trade Union**, Boulevard du Jardin Botanique 20 – Kruidtuinlaan 20, B-1000 Brussels, Belgium (industriAll Europe headquarters, 6th floor)

The event will be held in a **hybrid format**. The **link for online participation** will be made available **by 6 February**.

Working language and interpretation

The working language of the conference will be **English**. **Simultaneous interpretation** will be provided in **Italian and Spanish**.

Participation

Participation is **free of charge**, subject to **prior registration**. Please register at the following link: https://www.surveymonkey.com/r/incremental_final_conf

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