

# Mental Health at Work and Social Dialogue

## Lessons Learned from the IncreMe(n)tal Project

February 26, 2026, 10.00 - 16.00

### Morning session – Project insights and outputs (Chair: Margherita Roiatti – Fondazione ADAPT)

- 10.00 – 10.15 Welcome and introductory speech (Isabelle Barthès – IndustriAll Europe)
- 10.15 – 10.30 From project design to implementation: why IncreMe(n)tal matters (Barbara Arsieni – FIM CISL)
- 10.30 – 10.45 Mental Health at Work: Priorities and Key Insights from International Research (Iván Williams Jiménez – Independent expert & IncreMe(n)tal Quality Assessment Officer)
- 10.45 – 11.10 Key Results of the IncreMe(n)tal Project and Training Evaluation Findings (Diletta Porcheddu – Fondazione ADAPT, Ilaria Fiore – ADAPT)
- 11.10 – 11.30 The IncreMe(n)tal Comparative Policy Brief (Lenka Hanulová – CELSI)
- 11.30 – 12.00 From Research to Practice: Contents of the IncreMe(n)tal Interactive Guide and a Video to Support Its Use and Accessibility (Valentina Franca – University of Ljubljana, Margaret Heffernan – Dublin City University)
- 12.00 – 13.15 *Lunch*

### Afternoon session – Stakeholders' perspectives and sustainability (Chair: Lourdes Mella Mendez – University of Santiago de Compostela)

- 13.15 – 14.45 Policy, institutional and social partner perspectives on mental health at work (Moderator: Karolien Lenaerts – KU Leuven)  
  
Panelists: Maurizio Curtarelli (EU-OSHA) – Manal Azzi (ILO) – Delphine Rudelli (CEEMET) – Sonia Nawrocka (ETUI)
- 14.45 – 15.45 Trade unions' voices: project legacy and sustainability of action (Moderator: Zehra Gök Metin – Hacettepe University)  
  
Trade union representatives: UGT-FICA (ES), TMS (TR), SIPTU (IE), SKEI (SI), OZ KOVO (SK), ACV-CSC Metea (BE)
- 15.45 – 16.00 Wrap-up and closing remarks

## Additional information

### Venue

The conference will take place at: **IndustriAll European Trade Union**, Boulevard du Jardin Botanique 20 – Kruidtuinlaan 20, B-1000 Brussels, Belgium (*industriAll Europe headquarters, 6th floor*)

The event will be held in a **hybrid format**. The **link for online participation** will be made available **by 6 February**.

### Working language and interpretation

The working language of the conference will be **English**. **Simultaneous interpretation** will be provided in **Italian and Spanish**.

### Participation

Participation is **free of charge**, subject to **prior registration**. Please register at the following link: [https://www.surveymonkey.com/r/incremental\\_final\\_conf](https://www.surveymonkey.com/r/incremental_final_conf)

### Scientific coordination

[Fondazione ADAPT](#)

## Beneficiaries

Fondazione **ADAPT**



**CELSI** Central European  
Labour Studies  
Institute

**UNIVERZA V LJUBLJANI**  
University of Ljubljana

## Coordinator



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**UGT**  
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## Associate organisations

**industriAll**  
EUROPEAN TRADE UNION



## Affiliated entity

**ADAPT**  
[www.adapt.it](http://www.adapt.it)



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