

# Session 3: Action Planning and Collective Bargaining for Mental Health

17 September

NEC Room, Liberty Hall

## Objectives:

- Develop approaches to managing psychosocial risks (PSR) using legislation, supports, organising and collective bargaining
- Understand national supports and rights.
- Equip union reps with tools for action.

## 10.00 Introduction to the day

- Key takeaways from Days 1 and 2
- Examples of initiatives from other countries in Increme-n-tal study

## 10.45 Using existing frameworks and supports as key tools

- Health & Safety Legislation
- Institutional Supports and Resources incl. Work Positive CI
- Lessons from Practice: The HSA perspective on PSRs  
*Max Parry, Behavioural Health and Safety Inspector, Health and Safety Authority*
- Lessons from Practice: Mental Health First Aid Training  
*Tony Kenny, Head of Personnel, SIPTU*

## 1.00 Lunch (1 hr)

## 2.00 Negotiation and collective agreement opportunities and PSR

*Darragh O'Connor, Head of Strategic Organising, SIPTU*

- How to engage with management and raise issues
- PSR and organising strategy and collective bargaining

## 3.00 Action Plan Development

- Sharing and peer feedback
- Final Q&A